ABOUT THE WORKSHOP FRIDAY, NOVEMBER 10

8:00-9:30PM

\$35 PER PERSON

Ages 10 & up

Explore your movement, expression, and kinetic creativity to develop skills for spontaneous artistic movement in the moment.

Begin to identify your natural movement patterns.

Learn to use improvisation as technique for class, performance, auditions, and choreography.



withCATH

ADDRESS: 181 FREEMAN AVE., ISLIP WEB: WWW.LIDANCECONNECTION.COM **REGISTER NOW!** (631) 224-7134





Cathi was a soloist for Long Island Ballet Theatre, a member of Mad Cap Dance, Guest Artist at the International Thespian Festival at William and Mary College, Virginia and the University of Nebraska, Lincoln as well as Motus Danza in Sienna, Italy. Cathi earned her B.A. in Theatre and Dance from Queens College, CUNY, M. A. in dance from New York University, and is a Certified Movement Analyst (CMA) from the Bartenieff/Laban Institute of Movement Studies. She has been teaching dance for the last 33 years at Holy Trinity High School in Hicksville and, most recently, serves as an adjunct assistant professor at Hofstra University. As the Performing Arts Department Chairperson at Holy Trinity, she continues to maintain a quality program sending numerous students on to competitive colleges with performance scholarships as well as beams with pride for her numerous former students excelling in the professional arena. She is a consummate advocate for the importance and power of Arts Education.